

October
2016



Sno-Bird Connection



A newsletter for our owners and residents both here and away to let you know what we are working on to save money and make things better at Pinewood Village.



Bob Surbeck

Board of Directors —
Vice President Term
ending Nov 2017

Chairman of the Social
Committee

Inside this issue:

Landscaping Update	2
Upcoming Events	
Texas Phoenix Palm Decline	
New Tenants	
CrossFit for Seniors	3
CrossFit Rebels	4
Hurricane Hermine	
Quick Reference Guide	5
Trash Collection	
Pool Rules	

Pinewood Village – Upcoming Events

PLEASE Mark your Calendars

OCTOBER 8, 2016 Coffee Hour 9:30 A.M. hosted by Cathie Ormond

OCTOBER 28, 2016 The Halloween Pot Luck Supper and Party Hosted once again by The Queen of Halloween, Candy Choppolla.

Social Hour 5:30 P.M. Dinner 6 P.M. Prizes for Best Costumes. Look for the Sign Up Sheet at the Clubhouse.

YARD SALE, Since we did not have a Yard Sale last year, we will be holding a Yard Sale on **December 3, 2016**. Starting November 1st please bring any items you may have to the Clubhouse and place in in the corner by the sofas. There is 1 long table still available at \$10 for any resident to use for their own items. We will serve morning coffee and donuts for \$1.00 and pizza at lunch time at a \$1.00 per slice. If you need anything to be picked up for the Sale, please contact Bob Surbeck, at unit 727 314 0059.

CLUB HOUSE DECORATING FOR CHRSTMAS, - **December 4, 2016** from 10A.M. till complete or we are worn out. Please join us, light refreshments will be served.

COOK-OUT, - **January 14, 2017**, we will be having a COOK-OUT starting at 3 P.M. This will be as welcome back to our seasonal residents and a thank you to our full time residents for enduring with us. There will be no charge to our residents.

Continued on page 2

.....Message from the President

It as been a long hot summer and we are looking forward to cooler weather and the return of all our northern friends. I want to thank the Board and our Property Manager, Giancarlo Gonzalez, for their dedication maintaining our community.

I want to clarify an important point. If you have any issue with the property, please contact Giancarlo first. He will coordinate any action required to resolve your problem.

His contact information is:

Giancarlo Gonzalez, LCAM
Ameri-Tech Community Management, Inc
24701 US Highway 19N, Suite 102
Clearwater, FL 33763
Office: (727)-726-8000 Ext 256
Fax: (727)-723 1101
ggonzalez@ameritechmail.com

Jeff Chase, President Board of Directors



Continued from page 1

ANNIVERSARY DINNER. - February 18, 2017 is the date for our 39th Anniversary Dinner/Dance. We will again have a D.J. for the music. Social Hour 5 P.M., Dinner at 6 P.M. and Music and Dancing from 7 – 10 P.M. More Information will follow.

BINGO. – Hopefully will be starting BINGO later this month, depending on how soon our Snowbirds return. If you are interested in Calling Numbers, helping with refreshments, collecting and paying out money, Please contact Bob Surbeck.

PLEASE COME OUT AND TAKE PART IN THESE EVENTS AND SUPPORT YOUR COMMUNITY



Important Note

Regardless of what you are being told, none of the directors on The Pinewood Village Board are interested in self managing our complex. We are happy with the work and professionalism of Ameri-Tech and look forward to a long and productive relationship.

New September Tenants

405 Edie Burke

1104 Kathy Gage



Texas Phoenix Palm Decline

Until recently, Lethal Yellowing (LY) was the only palm disease in Florida caused by a phytoplasma. In late 2006, a second phytoplasma disease was identified in the coastal areas of Central Florida (from Sarasota to Tampa), affecting *Phoenix* (date) species.

In early 2008, this second phytoplasma disease was confirmed as the cause of declining *Sabal palmetto* (cabbage palm) in Hillsborough and Manatee counties. The disease is known as Texas Phoenix palm decline because it was originally discovered in the southern coastal region of Texas on *Phoenix canariensis* (Canary Island date palm).

- ◆ Texas Phoenix palm decline (TPPD) is a new disease in Florida. This disease is caused by an unculturable bacterium that has no cell wall—a phytoplasma.
- ◆ TPPD is similar to, but genetically distinct from the Lethal Yellowing (LY) disease of palms.
- ◆ Texas Phoenix palm decline is a fatal, systemic disease that kills palms relatively quickly. The disease is spread naturally to palms by sap-feeding insects, such as planthoppers.
- ◆ Palms showing symptoms of more than 25 percent foliage discoloration or a dead spear leaf due to the disease should be removed

immediately to avoid other palms from being contaminated.

As of June 2016, palm species known to be most severely affected by TPPD were *Phoenix canariensis* (Canary Island date palm), *Phoenix dactylifera* (edible date palm), *Phoenix sylvestris* (wild date palm) and *Sabal palmetto* (cabbage palm).

The Palm species that are *not* susceptible are Bismarckia Palm, Foxtail Palm, Solitaire Palm and Royal Palm.

We will continue to monitor this situation and hope that a cure can be found for this disease. After all, what is Florida without lots of palm trees?



Landscaping Update

We noticed that the area between buildings 7 & 8 had become infested with chinch bugs. We chose to re-sod the area because it was so large. These pictures show the progression of the work done by the Baycut staff.



Before



During



After

CrossFit for Seniors

Over the last 6 months, seven of Pinewood Village's bravest set out on an adventure to improve their overall physical fitness.

A special Senior CrossFit program is offered by the Arthritis and Wellness Institute at 300 N. Duncan Ave., Clearwater. The program is geared toward us seniors concerned about combating the issues associated with lack of mobility, falling, picking things up from the floor and reaching overhead with strength. After several weeks of acclimating to the exercises, our athletes far surpass their original goals and become excited about their progress, losing inches, gaining strength, definition and having an air of confidence they thought was long gone.

They are constantly encouraged by trainers Ed, Samantha, Adam and Paul to do their best. Our friends will tell you that the main reason for their love of the class and success has been their amazing trainers. Athlete to Trainer Ratio is 6 to 1 ensuring excellent interaction.

CrossFit is a strength and conditioning program consisting mainly of a mix of aerobic exercise, calisthenics (body weight exercises), and weightlifting. CrossFit describes its strength and conditioning program as a way to improve overall physical fitness. Hour-long classes at affiliated gyms, or "boxes", typically include a warm-up, a skill development segment, the high-intensity "workout of the day" (or WOD), and a period of individual or group stretching. Classes are usually 3 days a week.



Monday, Tuesday, Thursday CrossFit for Seniors Group Beverly LaPoint, Rose Craft, Jaye Faticone, Betty Deage, Trainer Samantha, Bob Surbeck, Trainer Ed, Trainer Samantha



Monday, Tuesday, Thursday CrossFit for Seniors Group with CrossFit Rebels Charmaine and Bill McNeill



A few months ago, Charmaine McNeill was asked to graduate from the CrossFit for Seniors program and join the regular CrossFit program at another location to make room for new beginning senior athletes. Besides, the exercises were a bit too easy for Charmaine and she needed a new and bigger challenge. After a couple of months in her new routine, Charmaine's husband Bill noticed the dramatic change in Charmaine's appearance and strength. Not wanting to be left behind, Bill also joined CrossFit Rebels.

The CrossFit Rebels gym uses more and heavier equipment from multiple disciplines, including barbells, dumbbells, gymnastics rings, pull-up bars, kettlebells, medicine balls, plyo boxes, resistance bands, rowing machines, and various mats.

If you see any one of our CrossFit people, ask them about their experience. You'll be amazed at their enthusiasm for the exercise program they look forward to 3 times a week.

Hurricane Hermine

Hurricane Hermine was the first hurricane to make landfall in Florida since Hurricane Wilma in 2005, and the first to develop in the Gulf of Mexico since Hurricane Ingrid in 2013.

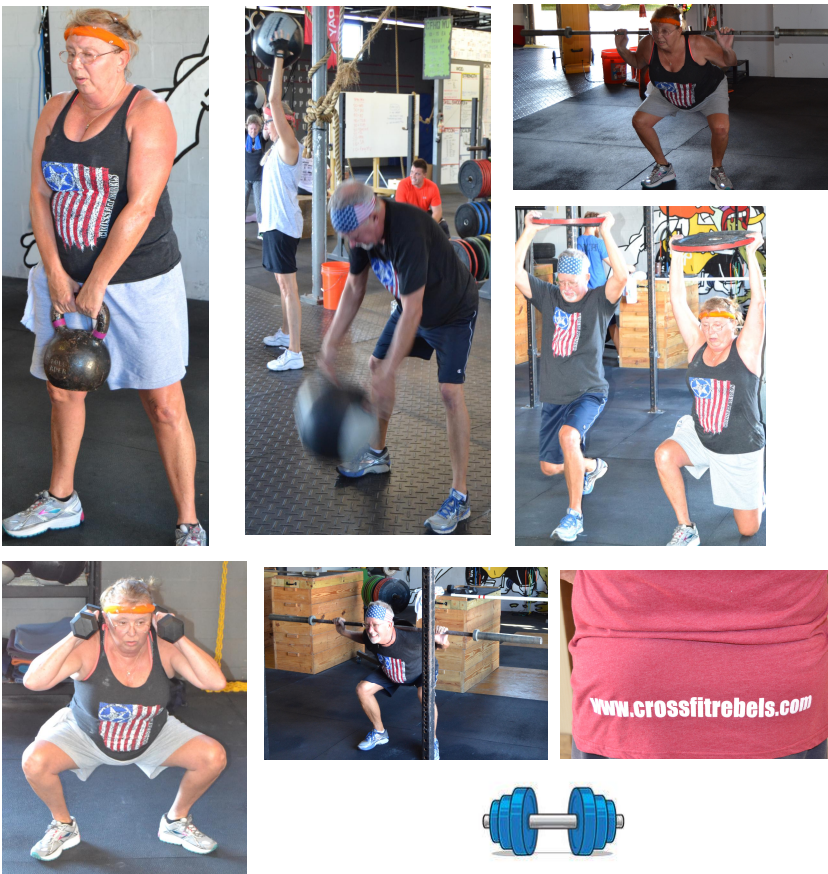


Hermine was the fourth hurricane of the 2016 Atlantic hurricane season. A tropical storm warning extended southward to Englewood, which included the Tampa Bay Area. High winds and up to 10 inches rain hit Pinellas County with up to 8 foot storm surge and flooding along Sand Key and Clearwater Beach.

Low lying areas north of Tarpon Springs had extensive flooding with close to 20 inches of rain.

From all accounts, Pinewood Village and all of Pinellas County really dodged a bullet with this storm. There were some power outages around us. And there were limbs and foliage on the roads and lawns but we were safe and dry when Hermine headed north.

Special thanks to Bob Surbeck, Anthony Marchetti, Jim Knapp and Denise Allard for placing all the pool furniture in the clubhouse before the storm, ensuring that the furniture would not become wind blown missiles. Anthony also put the pool furniture back by himself and Jim Knapp swept up the foliage and debris around the pool and the entire grounds after the storm.



"Your attitude, not your aptitude, will determine your altitude."

Pinewood Village

Trash Collection Schedule



October 1st to April 30th

Tuesday and Friday – Trash Pickup



Monday – Recyclable Pickup



May 1st to September 30th

Tuesday and Friday – Trash Pickup
Except Dumpsters at Building 1 and 6, Friday trash pickup only

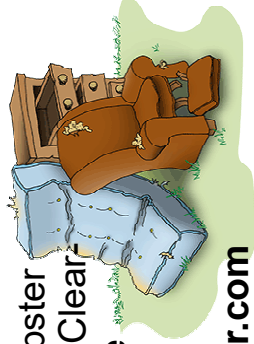


Monday – Recyclable Pickup



Large Item Pickup

For items that will not fit in the dumpster easily, you must contact the City of Clearwater via email to arrange for a free pickup.



Email: Maria.Scott@myclearwater.com

Pool Rules



Use the pool at your own risk.

Use shower before entering pool

Sunbathers must protect furniture with towel when using oils and lotions.

When using the pool, please remove oils and grease at shower in your unit prior to entering the pool.

Pool is open from DAWN to DUSK each day - unless otherwise posted by the Board of Directors as temporarily closed.

No food allowed – but beverages are allowed poolside.

No glass or breakable objects or containers in pool area.

No toys, snorkels, rafts, etc. are allowed. Reasonable swimming assists are allowed for non – swimmers.

No diving or horseplay of any form in pool area.

Children under 16 years old may use the pool only when accompanied by an adult. Children under two years old must wear rubber pants.

Owners, lessees with guests at the pool will need approval by the Board of Directors if the number of guests exceed four (4) to eliminating over-crowding in the pool.

Owners, lessees and guests shall provide identification upon request in pool area or clubhouse.

No diving (Department of Health rule).

Smoking in designated areas only.